

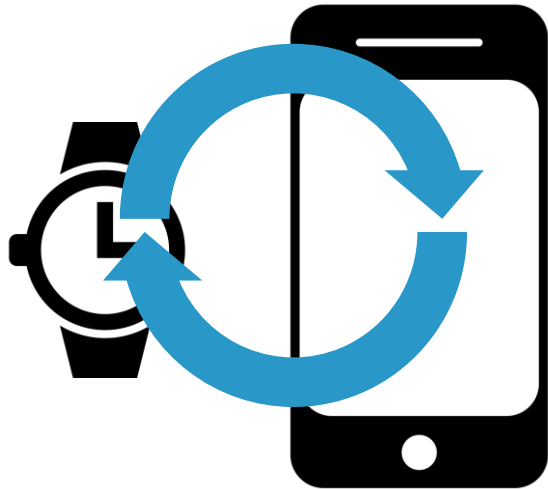
**HLA** *Fit*

**Syncing Garmin to HLA FiT.**



# Syncing Garmin (Steps 1-3).

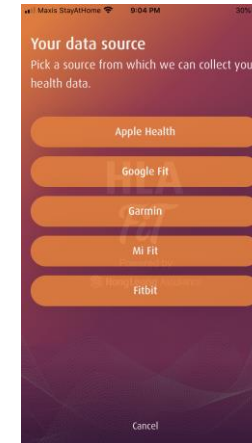
Please follow the instructions outlined below to connect the customer's wearable to HLA FiT.



Step 1 -  
Pair the wearable with the mobile app. The user must have Garmin Connect installed in his device.



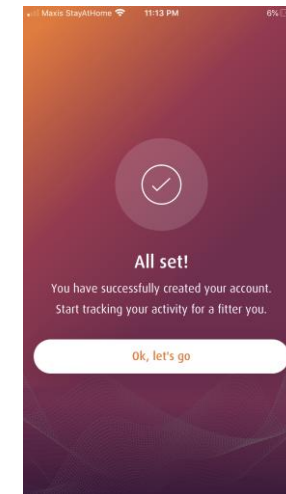
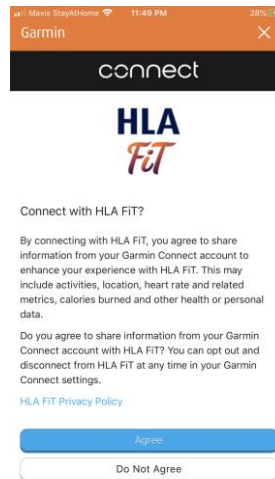
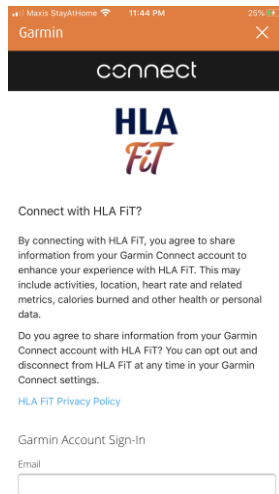
Step 2 -  
Open Garmin Connect in the device. Make sure that the wearable is connected and Garmin Connect stores the wearable's latest data.



Step 3 -  
Open HLA FiT app and connect to "Garmin".

# Syncing Garmin (Steps 4-5).

Please follow the instructions outlined below to connect the customer's wearable to HLA FiT.



Step 4 -  
When prompted, the customer must log in to Garmin Connect.

Step 5 -  
The customer must agree to disclose their activity data to HLA FiT.

Step 6 -  
The user's Garmin wearable is connected to HLA FiT. Ensure this by making sure that the latest activity data from Garmin Connect is reflected in the app.